

| Palestra Boas-Vindas Ultraprev | | |
|---------------------------------------|-------------|--------------------|
| Turma | Data | Horário |
| 1 | 06/01/2023 | Das 10:00 as 11:00 |
| 2 | 23/01/2023 | Das 14:00 as 15:00 |
| 3 | 03/02/2023 | Das 10:00 as 11:00 |
| 4 | 16/02/2023 | Das 14:00 as 15:00 |
| 5 | 02/03/2023 | Das 10:00 as 11:00 |
| 6 | 20/03/2023 | Das 14:00 as 15:00 |
| 7 | 05/04/2023 | Das 10:00 as 11:00 |
| 8 | 20/04/2023 | Das 14:00 as 15:00 |
| 9 | 04/05/2023 | Das 10:00 as 11:00 |
| 10 | 22/05/2023 | Das 14:00 as 15:00 |
| 11 | 06/06/2023 | Das 10:00 as 11:00 |
| 12 | 22/06/2023 | Das 14:00 as 15:00 |
| 13 | 05/07/2023 | Das 10:00 as 11:00 |
| 14 | 21/07/2023 | Das 14:00 as 15:00 |
| 15 | 04/08/2023 | Das 10:00 as 11:00 |
| 16 | 23/08/2023 | Das 14:00 as 15:00 |
| 17 | 06/09/2023 | Das 10:00 as 11:00 |
| 18 | 21/09/2023 | Das 14:00 as 15:00 |
| 19 | 06/10/2023 | Das 10:00 as 11:00 |
| 20 | 24/10/2023 | Das 14:00 as 15:00 |
| 21 | 06/11/2023 | Das 10:00 as 11:00 |
| 22 | 21/11/2023 | Das 14:00 as 15:00 |
| 23 | 04/12/2023 | Das 10:00 as 11:00 |
| 24 | 18/12/2023 | Das 14:00 as 15:00 |